

SMARTYS WEEKLY MENU'S – PRE-SCHOOL NURSERY (Week 2)



BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choice of cereal with warm toast	Choice of cereal with warm toast	Choice of cereal with warm toast	Choice of cereal with warm toast	Choice of cereal with warm toast

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fish cakes served in a cheese sauce with green beans and mashed potato	Grilled pork sausages with cauliflower, peas and creamed potatoes	Roast chicken served with boiled potatoes, carrots and cabbage	Shepherds pie topped with a crusty creamed potato and farmhouse vegetables	Vegetable and pasta bake in a tomato sauce
Bananas and custard	Flavoured fromage frais	Semolina	Apple puree and flavoured yoghurts	Berry crumble and custard

TEA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ham sandwiches served with sliced grapes	Scrambled egg with bread fingers and cherry tomatoes	Grated cheese pitta breads served with segments of orange	Vegetable and lentil soup with bread rolls and strawberries	Tuna toasties served with cucumber batons